



## Coaching Psychology in Schools: Enhancing Performance, Development and Wellbeing

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By Mark Adams

Taylor Francis Ltd, United Kingdom, 2015. Paperback. Book Condition: New. 234 x 156 mm. Language: English . Brand New Book. Coaching psychology is a distinct branch of academic and applied psychology that focuses on enhancement of performance, development and wellbeing in the broader population. In Coaching Psychology in Schools, Mark Adams demonstrates how psychological principles and approaches can be applied in schools to enhance the performance of education practitioners, teams and settings, with corresponding benefits for the children under their care. Coaching Psychology in Schools aims to put psychology in the hands of the reader, imparting psychology-informed coaching strategies that can enhance effectiveness in supporting others to learn, change and develop. The book challenges traditional notions of how psychology can contribute to education and illustrates how better outcomes for children can be achieved by helping adults to unlock and utilise their resources. The book covers how coaching psychology can be applied to: Develop classroom practice Improve teacher performance Support Continuing Professional Development Enhance practitioner and team performance, confidence and wellbeing Support practical problem-solving Develop individual and organisational resilience Real-life case examples are used throughout to illustrate practical coaching methods and techniques that are underpinned by established psychological approaches, including solution-focused...

### Reviews

*Extensive manual! Its this type of great read through. This can be for all who statte there was not a worth reading. It is extremely difficult to leave it before concluding, once you begin to read the book.*

-- **Dr. Furman Becker V**

*Extensive information! Its this sort of great read through. It is amongst the most incredible book i have go through. I realized this publication from my i and dad suggested this book to understand.*

-- **Prof. Devon Bernhard PhD**